

Patient Name		Age		
Date of Birth		Gender	Male	Female
Surgery Details				
Date of Surgery				
Surgeon Name				
Examiner Name		Examination Date		

HIP STAGE 1 – 2 SCREENING (Arthroscopy)
Scoring sheet

TEST	RAW SCORE	FINAL SCORE	COMMENTS														
HURDLE STEP <i>score allocation</i> <table border="1"> <tr> <td>Performs movement correctly without any compensation</td> <td>3</td> </tr> <tr> <td>Able to complete movement, compensates to complete the fundamental movement</td> <td>2</td> </tr> <tr> <td>Unable to complete the test or assume the movement pattern</td> <td>1</td> </tr> <tr> <td>Pain felt during test in any part of the body</td> <td>0</td> </tr> </table>	Performs movement correctly without any compensation	3	Able to complete movement, compensates to complete the fundamental movement	2	Unable to complete the test or assume the movement pattern	1	Pain felt during test in any part of the body	0	<table border="1"> <tr> <td>L</td> <td></td> <td></td> </tr> <tr> <td>R</td> <td></td> <td></td> </tr> </table>	L			R				
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RAW SCORE: This denotes right and left side scoring
TOTAL: This is the sum of all the final scores

FINAL SCORE: This denotes the overall *lowest* score of the raw scores

Total score ≥ 5 points may be advanced to STAGE 2 of rehabilitation protocol

Patient Name		Age		
Date of Birth		Gender	Male	Female
Surgery Details				
Date of Surgery				
Surgeon Name				
Examiner Name		Examination Date		

HIP STAGE 2 – 3 SCREENING (Arthroscopy)

Scoring sheet

TEST	RAW SCORE	FINAL SCORE	COMMENTS														
<p>OVERHEAD DEEP SQUAT</p> <p style="text-align: center;"><i>score allocation</i></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td>Performs movement correctly without any compensation</td> <td style="text-align: center;">3</td> </tr> <tr> <td>Able to complete movement, compensates to complete the fundamental movement</td> <td style="text-align: center;">2</td> </tr> <tr> <td>Unable to complete the test or assume the movement pattern</td> <td style="text-align: center;">1</td> </tr> <tr> <td>Pain felt during test in any part of the body</td> <td style="text-align: center;">0</td> </tr> </table>	Performs movement correctly without any compensation	3	Able to complete movement, compensates to complete the fundamental movement	2	Unable to complete the test or assume the movement pattern	1	Pain felt during test in any part of the body	0	<table border="1" style="width: 100%; height: 40px;"> <tr> <td style="width: 50%;"></td> <td style="width: 50%;"></td> </tr> </table>								
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TOTAL: This is the sum of all the final scores

FINAL SCORE: This denotes the overall *lowest score of the raw scores*

Total score ≥ 7 points may be advanced to STAGE 3 of rehabilitation protocol

Patient Name		Age		
Date of Birth		Gender	Male	Female
Surgery Details				
Date of Surgery				
Surgeon Name				
Examiner Name		Examination Date		

HIP STAGE 3 – 4 SCREENING (Arthroscopy)

Scoring sheet

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Total score ≥ 9 points may be advanced to STAGE 4 of rehabilitation protocol