

Harris Hip Score

Patient's name (or ref)

Please answer the following questions.

Section 1

Pain

- None, or ignores it
- Slight, occasional, no compromise in activity
- Mild pain, no effect on average activities, rarely moderate pain with unusual activity, may take aspirin
- Moderate pain, tolerable but makes concessions to pain. Some limitations of ordinary activity or work. May require occasional pain medication stronger than aspirin
- Marked pain, serious limitation of activities
- Totally disabled, crippled, pain in bed, bedridden

Support

- None
- Cane/Walking stick for long walks
- Cane/Walking stick most of the time
- One crutch
- Two Canes/Walking sticks
- Two crutches or not able to walk

Distance walked

- Unlimited
- Six blocks (30 minutes)
- Two or three blocks (10 - 15 minutes)
- Indoors only
- Bed and chair only

Limp

- None
- Slight
- Moderate
- Severe or unable to walk

Activities - shoes, socks

- With ease
- With difficulty
- Unable to fit or tie

Stairs

- Normally without using a railing
- Normally using a railing
- In any manner
- Unable to do stairs

Public transportation

- Able to use transportation (bus)
- Unable to use public transportation (bus)

Sitting

- Comfortably, ordinary chair for one hour
- On a high chair for 30 minutes
- Unable to sit comfortably on any chair

To score this section all four must be 'yes', then get 4 points. Nb. Not 1 point for each four or nothing.

Section 2

Does your patient have ALL of the following: -

<input type="checkbox"/>	yes
<input type="checkbox"/>	no

- Less than 30degrees of fixed flexion
- Less than 10 degrees of fixed int rotation in extension
- Less than 10 degrees of fixed adduction
- Limb length discrepancy less than 3.2 cm (1.5 inches)

Section 3 - Motion

Total degrees of Flexion

- None
- 0 >8
- 8 > 16

Total degrees of Abduction

- None
- 0 > 5
- 5 > 10

- 16 > 24

- 24 > 32

- 32 > 40

- 40 > 45

- 45 > 55

- 55 > 65

- 65 > 70

- 70 > 75

- 75 > 80

- 80 > 90

- 90 > 100

- 100 > 110

- 10 > 15

- 15 > 20

- Total degrees of Ext Rotation**

- None

- 0 > 5

- 5 > 10

- 10 > 15

- Total degrees of Adduction**

- None

- 0 > 5

- 5 > 10

- 10 > 15

The Harris Hip Score is:

Grading for the Harris Hip Score

Successful result

=post operative increase in Harris Hip Score of > 20 points + radiographically stable implant + no additional femoral reconstruction

Or

<70 Poor

70 - 79 Fair

80-89 Good

90 -100 Excellent